

Take 5 and You Could Win a Prize!



🕒 **Got 5 minutes? Boost your financial IQ in just 5 minutes a day.** That's all it takes to start building a stronger financial future for you and your loved ones.

The **MMBB Financial Wellness Institute (FWI)** is your **on-demand resource** designed

specifically for clergy and lay church staff as a benefit of MMBB membership. With short, animated videos, you'll learn or refresh practical skills like:

- Managing debt
- Negotiating compensation
- Planning for retirement—whether you're already retired, decades away or just around the corner

🎯 **Self-paced.** No pressure. Just progress.

Each video is only three to seven minutes long -- perfect for viewing during a quick coffee break or quiet moment in your day. Watch one a day at your own pace, and you'll finish a course before you know it!

🎁 **Bonus:** The first 15 people to complete any of the four courses will receive a \$25 gift certificate from MMBB!

Here's how to get started:

1. Visit <https://mmbb.litmos.com/self-signup/> and use the temporary passcode below to create your FWI login credentials.
🔒 Passcode: fwi603
2. Bookmark and visit: <https://mmbb.litmos.com>
3. Once logged in, click Content in the top navigation to access the courses.

Need help registering or have questions? Email us at mmbbfwi@mmbb.org.